Who is a Respite Provider?

A respite provider is a trained individual who comes to your home to care for your child, youth or adult so you can do something else. Maybe your something else is taking a nap. Or maybe you want to go shopping or go to a spa or just go out to dinner.

Whatever your something else is, our respite program can give you peace of mind while you do it.

Our Respite Care Providers have...

- been thoroughly interviewed
- had a comprehensive background check
- been certified in First Aid & CPR
- their DMV driving record checked yearly

Respite [res-pit]
noun, verb, -pit•ed, -pit•ing.

- noun
  - a delay or cessation for a time, esp. of anything distressing or trying; an interval of relief: to toil without respite.
- verb (used with object)
  - to relieve temporarily, esp. from anything distressing or trying; give an interval of relief from.

Funded by:
Far Northern Regional Center
Open Call for Quality Respite Care Workers

Do you know someone who has a heart for children with disabilities? Send them our way! We are always looking for people with compassionate hearts and a desire to help families. In fact, the best respite worker for your loved one may be a close friend or family member!

Why Use Respite Care?

At Rowell Family Empowerment we strive to provide quality respite care that is responsive to your family’s needs. Our program gives parents and/or care givers the opportunity for self-renewal without worry. It also helps you maintain healthy relationships.

We understand that caring for an individual with a disability can be challenging, and even taxing at times. We also know how valuable a little break can be. Everyone deserves a break and that’s what respite is for.

How do I Setup Respite Care?

In order to receive respite services, the child, youth or adult you care for must be a client of Far Northern Regional Center.

If your child meets the criteria please contact your service coordinator at Far Northern and ask about starting respite services through our agency. Once you have been approved for respite you will receive a call from Rowell Family Empowerment. We will discuss our services further and send you a family packet with forms for you to fill out and return.

Contact us at (530) 226-5129 or 1-877-227-3471. Email us at respite@rfenc.org.