The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

**YOU KNOW YOUR CHILD BEST.** If you are concerned about your child's development and live within Santa Clarita or Antelope Valley, here is who you can call for further support:

### North Los Angeles County Regional Center

**Antelope Valley Office**
43210 Gingham Avenue, Suite 6
Lancaster, California 93535
(661) 945-6761

**Santa Clarita Valley Office**
25360 Magic Mountain Parkway, Suite 150
Santa Clarita, California 91355
(661) 775-8450

### Family Focus Resource Center

**Antelope Valley Location**
43210 Gingham Avenue, Lancaster, CA 93535
(661) 945-9598

**Santa Clarita Valley Location**
25360 Magic Mountain Parkway, Suite 150
Santa Clarita, CA 91355
(661) 294-9715

### Santa Clarita Valley SELPA

24930 Avenue Stanford
Santa Clarita, CA 91355
(661) 294-5398 • [www.scvselpa.org](http://www.scvselpa.org)

**The Santa Clarita Valley SELPA School Districts are:**

- Early Start Program (661) 294-5332
- Castaic Union School District (661) 257-4500
- Newhall School District (661) 291-4182
- Saugus Union School District (661) 294-5309
- Sulphur Springs Union S.D. (661) 252-5131
- William S. Hart Union High S.D. (661) 259-0033

### Antelope Valley SELPA

38345 30th Street, East, A-2
Palmdale, CA 91355
(661) 274-4136 • www.avspecialed.com

**The Antelope Valley SELPA School Districts are:**

- Acton-Agua Dulce Unified S.D. (661) 269-5999
- Eastside Union School District (661) 952-1225
- Gorman School District (661) 248-6441
- Hughes-Elizabeth Lakes Union S.D. (661) 724-1231
- Keppel Union School District (661) 944-2155
- Lancaster School District (661) 948-4661
- Palmdale School District (661) 947-7191
- Westside Union School District (661) 722-0716
- Wilsona School District (661) 264-1111
- Antelope Valley Union High S.D. (661) 948-7655

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**Learn the Signs. Act Early.**

Your child’s early development is a journey. Use this map of milestones to know what to look for along the way.

Centers for Disease Control and Prevention

www.cdc.gov/ActEarly

1-800-CDC-INFO

captain.ca.gov
Your Child’s Early Development is a Journey
Check off the milestones your child has reached and share your child’s progress with the doctor at every visit.

6 MONTHS
- Copies sounds
- Begins to sit without support
- Likes to play with others, especially parents
- Responds to own name
- Strings vowels together when babbling ("ah," "eh," "oh")
- Uses simple gestures such as shaking head for “no” or waving “bye bye”
- Copies gestures

12 MONTHS (1 YEAR)
- Responds to simple spoken requests
- Pulls up to stand
- Says “mama” and “dada”

18 MONTHS (1½ YEARS)
- Knows what ordinary things are for; for example, telephone, brush, spoon
- Plays simple pretend, such as feeding a doll
- Points to others something interesting

2 YEARS
- Follows simple instructions
- Kicks a ball
- Says sentences with 2 to 4 words
- Gets excited when with other children
- Walks alone

3 YEARS
- Copies adults and friends (like running when other children run)
- Carries on a conversation using 2 to 3 sentences
- Climbs well
- Plays make-believe with dolls, animals and people
- Shows affection for friends without prompting

4 YEARS
- Hops and stands on one foot for up to 2 seconds
- Would rather play with other children than alone
- Tells stories
- Draws a person with 2 to 4 body parts
- Plays cooperatively

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

Start Here

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.